

Free Preventive Services Offered By LACERS Medicals Plans

Listed below are just some of the services offered by LACERS Medical Plans. Please note that an office visit copay may apply if other services are rendered in addition to the free services listed during the time of your office visit. Check with your medical plan for a complete list.

	Kaiser Permanente	Anthem Blue Cross	SCAN	UnitedHealthcare
Abdominal Aortic Aneurysm one-time screening for men of specified ages who have ever smoked	√	√		√
Blood Pressure screening for all adults	√	√	√	√
Cholesterol screening for adults of certain ages or at higher risk	√	√	√	√
Colorectal Cancer screening for adults over 50	√	√	√	√
Type 2 Diabetes screening for adults with high blood pressure	√	√	√	√
Diet counseling for adults at higher risk for chronic disease		√		√
HIV screening for all adults at higher risk	√	√	√	√
Immunization Vaccines for Adults				
<i>Hepatitis A</i>	√	√	√	
<i>Hepatitis B</i>	√	√	√	√
<i>Herpes Zoster</i>	√	√	√	
<i>Human Papillomavirus</i>	√	√	√	
<i>Influenza</i>	√	√	√	√
<i>Measles, Mumps, Rubella</i>	√	√	√	
<i>Meningococcal</i>	√	√	√	
<i>Pneumococcal</i>	√	√	√	√
<i>Tetanus, Diphtheria, Pertussis</i>	√	√	√	
<i>Varicella</i>	√	√	√	
Obesity screening and counseling for all adults		√		
Sexually Transmitted Infection (STI) prevention counseling for adults at higher risk		√		
Tobacco Use screening for all adults and cessation interventions for tobacco users*				√
Syphilis screening for all adults at higher risk	√		√	
Covered Preventive Services for Women, Including Pregnant Women				
Anemia screening on a routine basis for pregnant women	√			
Bacteriuria urinary tract or other infection screening for pregnant women	√			
Breast Cancer Mammography screenings every 1 to 2 years for women over 40	√		√	√
Breast Cancer Chemoprevention counseling for women at higher risk			√	
Cervical Cancer screening for sexually active women	√	√	√	√
Chlamydia Infection screening for younger women and other women at higher risk	√	√		
Gonorrhea screening for all women at higher risk	√	√		
Hepatitis B screening for pregnant women at their first prenatal visit	√	√		
Osteoporosis screening for women over age 60 depending on risk factors	√	√	√	√
Tobacco Use screening and interventions for all women, and expanded counseling for pregnant tobacco users				√
Syphilis screening for all pregnant women or other women at increased risk	√			