

Adult Day Center

Our Adult Day Center benefit gives retirees an opportunity to get out of the house and spend time with their peers one day a week (up to 8 hours each visit).

The benefit reimburses retirees up to \$80 for each visit to an Adult Day Center of their choice. The center must be state-licensed.

The benefit is available to retirees who need help with at least 2 activities of daily living (ADLs) as determined and recommended by their health care provider.

Claims for reimbursement must be submitted by the retiree to the plan with appropriate documentation.