

Blue View Vision: 2022 Plan Year



Anthem's Blue View Vision



More doctors

38,000+ doctors at more than 27,000 locations nationwide

More options

Get your eye exam at one place and buy eyewear at another.

More freedom

Select the brands you like. There are no restrictions on eyeglass frames or contact lenses.



Whether or not you need vision correction, you should have routine eye exams.



Eye doctors can be the first to see signs of chronic health conditions.



Routine eye exams can reveal problems before they get serious.



Early diagnosis leads to faster treatment and better outcomes.

Blue View Vision Network



- Choose one of the many independent eye doctors or Retail locations from your plan.
- Select a time that works best for you with convenient evening and weekend hours.
- Online providers such as Glasses.com allow you to order online or by phone 24/7.



Importance of Routine Eye Exams

- Routine Eye Exams can help early detection of diabetes, high blood pressure, and certain cancers.
 - 1 in 4 people with diabetes don't know they have it
 - Diabetes can make your eyes sensitive to light and can damage the retina (diabetic retinopathy)
- Early detection means early treatment, and can help lower your overall healthcare costs.
- Routine eye exams also aid in detection of diseases such as glaucoma, macular degeneration, and cataracts.



Vision Benefit Highlights



- \$20 for a comprehensive Eye Exam at In Network providers. Up to \$49 allowance for out of network providers. (once every 12 months)
- \$150 allowance for one pair of eyeglass frames (once every 24 months).
- Single, bifocal, trifocal, & lenticular lenses are covered in full at in network providers (once every 12 months).
- \$30 for progressive lenses at in network providers (once every 12 months).
- \$0 copay for eyeglass lens enhancements such as Transition lenses, scratch coating, tint, and standard polycarbonate lenses.
- 120 allowance on elective conventional & disposable contacts at in network providers (once every 12 months).
- Medically necessary contacts are covered in full (once every 12 months).



Discounts that Save you Money



- 20% off any balance over your allowance on eyeglass frames.
- 40% savings on an extra pair of complete eyeglasses.
- 20% off retail on some eyeglass lens upgrades & eyewear accessories such as non-prescription sunglasses, lens cleaning supplies, eyeglass cases, etc.
- 15% off retail price for conventional contact lenses



Find a Provider Online



Here's how to find one fast on our mobile app, Sydney, or [anthem.com/ca](https://www.anthem.com/ca).



Select *Find a Doctor*

To search on the app, you'll need a username and password.

On [anthem.com/ca](https://www.anthem.com/ca), log in as a member with your username and password, or your member ID card number.

You can also search as a guest. Just select a plan or network, or search by all plans and networks.*



Search for a provider

You can search based on type of provider or facility, locations near you or a provider's name.



Click on the name of an eye care provider to learn more

Find out about their training, specialties, languages spoken, location and phone number.



3 Things you Can do for your Eyes



1. Have a complete eye exam every year!

This may include dilation, where the pupil is dilated, or made bigger, so the retina can be checked for signs of eye disease and other health conditions.

2. Protect your eyes from harmful UV rays:

Over time, the sun's UV rays can damage eyesight through cataracts and age-related macular degeneration. Wear sunglasses that block 100% of UV rays, even on cloudy days.



3. Shield your eyes from everyday bright light and glare:

They can make it harder to see and end up straining and tiring your eyes. If you wear glasses, choose lenses that automatically adjust the tint based on the light around you. You can also move lamps, TVs, and computer screens around to reduce glare.



TRIVIA!!!

