



Healthy Pantry

Our Healthy Pantry benefit helps eligible retirees with chronic illnesses manage their health conditions by providing nutritional guidance – at no cost to the retiree.

Eligible retirees receive monthly:

- nutritional counseling sessions via phone.
- home delivery of healthy non-perishable pantry items.

The nutritional consultations, combined with the monthly pantry items help retirees try recommended dietary changes and build the basics for a healthy pantry.